

राजस्थान सरकार
निदेशालय समेकित बाल विकास सेवाएं

कमांक : एफ.4(1)()एनपीएजी/विखाका/आईसीडीएस/2009-10/378 जयपुर, दिनांक: 13.10.09

उप निदेशक (आईसीडीएस)
समेकित बाल विकास सेवाएं,
डूंगरपुर एवं बांसवाड़ा।

विषय :-जिले में किशोरी बालिकाओं हेतु पोषाहार कार्यक्रम (NPAG) की पाईलेट परियोजना का वित्तीय वर्ष 2009-10 में निरन्तर प्रभावी क्रियान्वयन के सम्बन्ध में।

उपरोक्त विषयान्तर्गत लेख है कि निदेशक, भारत सरकार महिला एवं बाल विकास मंत्रालय, नई दिल्ली के अ.शा. पत्र कमांक प.1-7/2009-एनपीएजी, दिनांक 18.09.2009 द्वारा किशोरी बालिकाओं हेतु पोषाहार कार्यक्रम को वित्तीय वर्ष 2009-10 में प्रायोगिक आधार पर निरन्तर जारी रखने की प्रशासनिक स्वीकृति दी गई एवं उसके साथ संशोधित दिशा निर्देश संलग्न किये गये, जिनकी छायाप्रति संलग्न कर भिजवाई जा रही है। चालू वित्तीय वर्ष में भारत सरकार ने दिशा-निर्देशों में कोई परिवर्तन नहीं किया है। गत वित्तीय वर्ष 2008-09 में इस योजना के क्रियान्वयन हेतु पूर्व में जारी दिशा निर्देशों में दो महत्वपूर्ण परिवर्तन किये गये थे, जो निम्नानुसार हैं:-

- (1) ग्राम पंचायतों को किशोरी बालिकाओं हेतु पोषाहार कार्यक्रम के व्यापक प्रचार-प्रसार हेतु सक्रियता से जोड़ा जावे।
- (2) किशोरी बालिकाओं हेतु पोषाहार कार्यक्रम के अन्तर्गत खाद्यान्न की उपलब्धता एवं उठाव तथा पंजीकृत लाभान्वितों को सार्वजनिक वितरण प्रणाली की दुकानों के माध्यम से निःशुल्क खाद्यान्न वितरण के प्रबोधन कार्य हेतु ग्राम पंचायत की महिला सदस्या को शामिल किया जावे।

गत वित्तीय वर्ष में जारी दिशा-निर्देश पूर्वत रहेगें।

वित्तीय वर्ष 2008-09 की भांति चालू वित्तीय वर्ष 2009-10 में भी इस योजना के अन्तर्गत 30 किलोग्राम से कम वजन वाली 11-15 आयुवर्ग की किशोरी बालिकाओं तथा 35 किलोग्राम से कम वजन वाली 15-19 आयुवर्ग की किशोरी बालिकाओं को लाभान्वित किया जावेगा। लाभान्वितों का चयन उनके वजन के आधार पर ही किया जाएगा। योजना के अन्तर्गत चयनित एवं पंजीकृत लाभान्वितों को सार्वजनिक वितरण प्रणाली के माध्यम से उचित मूल्यों की दुकानों पर प्रतिमाह 6 किलोग्राम खाद्यान्न (गेहूँ/चावल) निःशुल्क वितरित किया जाएगा।

अतः इस सम्बन्ध में आपको निर्देश प्रदान किये जाते हैं कि किशोरी बालिकाओं हेतु पोषाहार कार्यक्रम के अन्तर्गत जिले की 11-19 आयुवर्ग की अल्पवजनी किशोरी बालिकाओं के चिन्हीकरण हेतु भारत सरकार से प्राप्त दिशा निर्देशानुसार चालू वित्तीय वर्ष 2009-10 में विशेष अभियान चलाकर पंजीकरण किये जाने का कार्य एवं लाभान्वितों की सूची को ग्राम सभा में अनुमोदित करवाये जाने का कार्य सात दिवस में सम्पन्न करावे (वित्तीय वर्ष के छ. माह समाप्त हो चुके हैं तदनुसार ग्राम सभा से लाभान्वितों की सूची संशोधित करवा ली जावे)। चिन्हित किशोरी बालिकाओं की

परिवार/परियोजनावार सूची फ़ैक्स द्वारा निदेशालय में भिजवाये। साथ ही स्वास्थ्य एवं परिवार कल्याण विभाग के सहयोग से आशा/आंगनबाड़ी कार्यकर्ता के माध्यम से किशोरी बालिकाओं को आयरन फोलिक एसिड (IFA) की गोलियों के वितरण हेतु जिले के मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी से व्यक्तिशः सम्पर्क कर कार्ययोजना/नीति निर्धारित करवाकर प्रत्येक किशोरी बालिकाओं को 100 गोलियां आईएफए की वितरण करवाया जाना भी सुनिश्चित करावें। इस सर्वेक्षण कार्य में आंगनबाड़ी कार्यकर्ताओं के सहयोग हेतु सहयोगिनियों को भी अपने स्तर से वांछित निर्देश प्रदान करावें एवं सर्वे का कार्य अविलम्ब पूर्ण कराकर सूची उपलब्ध करावें। भारत सरकार से प्राप्त नवीन दिशा निर्देशों की शत-प्रतिशत पालन किया जाना सुनिश्चित करावें।

संलग्न:- उपरोक्तानुसार



निदेशक

समेकित बाल विकास सेवाएं
राजस्थान जयपुर।

कमांक: एफ.4(1)()एनपीएजी/विखाका/आईसीडीएस/2009-10/

जयपुर, दिनांक :

प्रतिलिपि:- निम्न को सूचनार्थ एवं पालनार्थ :-

1. निदेशक भारत सरकार, महिला एवं बाल विकास मंत्रालय, शास्त्री भवन, नई दिल्ली।
2. प्रमुख शासन सचिव, खाद्य एवं नागरिक आपूर्ति एवं उपभोक्ता मामले विभाग, राज., जयपुर।
3. निदेशक, स्वास्थ्य एवं परिवार कल्याण विभाग, राज. जयपुर।
4. मुख्य कार्यकारी अधिकारी, जिला परिषद डूंगरपुर/बांसवाड़ा
5. समस्त बाल विकास परियोजना अधिकारी डूंगरपुर/बांसवाड़ा

उप निदेशक (वि.खा.का.)
समेकित बाल विकास सेवाएं
राजस्थान जयपुर।

01-0000



सत्यमेव जयते

Archana S Awasthi
Director
Telefax:: 23074215

367710205/2009
24-9-09

Fax No. : 23381495
Fax No. : 23381800
Fax No. : 23381654
Telegrams : WOMEN CHILD

भारत सरकार

महिला एवं बाल विकास मंत्रालय

GOVERNMENT OF INDIA

MINISTRY OF WOMEN & CHILD DEVELOPMENT

शास्त्री भवन, नई दिल्ली-110 001, दिनांक

Shastri Bhawan, New Delhi-110 001, Dated

D.O.No. 1-7/2009- NPAG

18th September 2009

1336
2:319/09

Dear Madam,

This relates to the implementation of the pilot project - 'Nutrition Programme for adolescent Girls' (NPAG) launched by the Planning Commission initially for a period of 2 years, i.e. for 2002-03 and 2003-04 in 51 Districts in the country. The scheme was implemented in the year 2005-06 to 2008-09 on a pilot basis, through the Ministry of Women and Child Development but the services were confined to adolescent girls only (P&L women were excluded as they are already covered under ICDS). NPAG was implemented in 2 backward districts each, in major States, identified on the basis of ranking developed by RD (Rural Development) Division of the Planning Commission and in the most populous district excluding the capital district) each, in smaller States/UTs.

Seyyad
Mem
28/9

ICDS

2. Continuation of NPAG in 2009-10 on a pilot basis has been approved by the Government. The scheme is to be implemented in the same 51 districts as identified by the Planning Commission in 2002-03. Adolescent girls (age group 11-19 years) as identified by body weight, would be covered, irrespective of financial status of the family to which they belong. Free food-grains @ 6 kg. per beneficiary per month would be provided to the undernourished adolescent girls, weights < 30 kg for those below 15 years of age and < 35 kg over 15 years of age. The scheme has to be implemented by the States/UTs Governments as per the existing Guidelines.

23/9
DD/2009
By

[State-wise list of the districts is at Annexure-1. The Guidelines are at Annexure-2].

3. You are requested to intimate the magnitude of unspent balance available with the States/UTs under NPAG as on 1.4.2009 immediately (if, not intimated earlier) so that the unutilized amount available with States/UTs is adjusted against the releases to be made under NPAG in 2009-10. Ministry of Finance is being requested for release of Central Assistance to the State/UT from which information about the balance available with the States/UTs under NPAG as on 1.4.2009 have been received. For allocation of foodgrains under NPAG for the year 2009-10, Department of Food & Public Distribution desires information regarding offtake/ utilization of food grains allocated for Annual Plan 2006-07,

JAE WFP
24/9

2

Statewise list of 51 districts covered under Nutrition Programme for Adolescent Girls

Sl.No	STATES/UTs.	Sl.No	STATES/UTs.
1	ANDHRA PRADESH	18	MIZORAM
	Adilabad		Lunglei
	Mehboob Nagar	19	NAGALAND
2	ARUNACHAL PRADESH		Tuensang
	Lohit	20	ORISSA
3	ASSAM		Koraput
	Kokrajhar		Kalahandi
	Karbi Anglong	21	PUNJAB
4	BIHAR		Hoshiarpur
	Aurangabad		Jalandhar
	Gaya	22	RAJASTHAN
5	CHATTISGARH		Dungarpur
	Sarguja		Barswara
6	GOA	23	SIKKIM
	North Goa		East Sikkim
7	GUJARAT	24	TAMIL NADU
	Panchmahal		Thiruvannemalai
	Dahad		Ramanathapuram
8	HARYANA	25	TRIPURA
	Ambala		West Tripura
	Yamuna Nagar	26	UTTAR PRADESH.
9	HIMACHAL PRADESH		Mirzapur
	Kangra		Sonbhadra
10	J & K	27	UTTRANCHAL
	Anantnag		Hardwar
11	JHARKHAND	28	WEST BENGAL
	Paschimi Singhbhum		Jalpaiguri
12	KARNATAKA		Purulia
	Gulbarga	29	DELHI
	Kolar		North-West Delhi
13	KERALA	30	PONDICHERRY
	Palakkad		Karaikkal
	Malappuram	31	A & N ISLAND
14	M.P.		Andamans
	Sagar	32	CHANDIGARH
	Damoh		Chandigarh
15	MAHARASHTRA	33	D & N HAVELI
	Nanded		D&N Haveli
	Nagpur	34	DAMAN & DIU
16	MANIPUR		Daman
	Senapati		Diu
17	MEGHALAYA	35	LAKSHADWEEP
	East khasi Hills		Lakshdweep

(4)

Guidelines for operationalizing Nutrition Programme for Adolescent Girls (NPAG)

I. Introduction:- A pilot project - 'Nutrition Programme for adolescent Girls' (NPAG) was launched by the Planning Commission initially for a period of 2 years, i.e. for 2002-03 and 2003-04 in 51 Districts in the country to provide free foodgrains to undernourished adolescent girls, pregnant and lactating women. The Government of India approved the implementation of this scheme on a Pilot basis from the year 2005-06 to 2008-09 through M/WCD but the services were confined to adolescent Girls only. Pregnant and lactating mothers were taken out of the purview of NPAG as they are covered under the ICDS Scheme. The Ministry of Women and Child Development administer the scheme at the central level and State/ UT Government implement the scheme through the concerned department in the State/UT.

The scheme will be continued in the year 2009-10 on a pilot basis and will be implemented by the States/UTs Governments. The project will be taken up in 51 Districts identified by the Planning Commission in the country i.e. in two of the backward districts in each of the major states identified on the basis of ranking developed by R.D. Division of the Planning Commission and most populous district (excluding the capital district) in remaining smaller States/UTs (the list of Districts is enclosed). The funds for the year 2009-10 will be given as 100% grant to states so that they can provide food grains through the Public Distribution System free of cost to the families of identified undernourished adolescent girls. The Ministry of Finance would release the Special Additional Central Assistance (on 100% grant basis) to the State Governments. A provision for Rs.400/- per Anganwadi Centre per annum has been made towards IEC/Training and a provision for Rs.200/- per Anganwadi Centre per annum for meeting the other operational costs.

The food-grains at BPL rates will be provided to the States/UTs for the programme. CDPO, Supervisors, Anganwadi workers hold the key for success of this programme. State Governments would have already procured the weighing machine locally and distributed the same to all the Anganwadi workers.

States may explore the possibility of establishing convergence with the programmes being implemented by Ministry of Health & Family Welfare to provide 100 tablets of IFA to each beneficiary through ASHA /Anganwadi workers at the community level to improve the nutritional anemia status.

II. Training:- The Anganwadi workers are already trained in weighing children. A short training course shall be given to ensure that they do follow appropriate quality control measures and accurately learn to weigh adolescent girls. As a part of the training programme, the Anganwadi workers, supervisors and the CDPO have to be trained to give appropriate nutrition education to the beneficiaries; it is expected that they in turn will impart the knowledge to

Proc
init
co
ba
wa
al
e
C
d

2

1
2. on WA



7. The AWWs should provide appropriate nutrition education to the beneficiaries and their families. The ANMs will provide necessary health education & health check-up to them and if any problem is detected, the beneficiaries with problem will be referred to the PHC doctor for advice and treatment.
8. At the end of three months, all these under nourished adolescent girls will be weighed again. Those who show improvement in nutritional status and hence cross the cut off point for weight or cross the eligible group (e.g. crossed 19 years) will no longer receive food-grains. Those beneficiaries who in spite of receiving food grains for three consecutive months have not shown improvement in nutritional status will be investigated by AWW/ANM and, if necessary, referred to the Medical Officer, PHC for investigation and treatment. They will, in the mean time, continue to receive free food grains for the next three months.
9. As a part of the routine weighment all the other eligible beneficiaries (even those who were not covered in the earlier round) should also be weighed. Some of the beneficiaries who had earlier been above the cut off point may now be below the cut off point. They will be given food grains every month for the next three months.
